

Upper Dearne Valley Risk Assessment

Venue: King James Swimming Pool	Risk assessor: Ewan Scott	Date:12/11/2021
Activity: Pool Sessions		

<u>Generic hazards and control measures applicable to all activities</u>			
What are the hazards?	To who?	Is the risk adequately controlled and how?	What further action is necessary?
Manual handling of kayaks and canoe trailer leading to injury due to poor manual handling technique.	All paddlers, Students, Coaches, Helpers, Parents	<p>Appropriate briefing about carrying canoes/kayaks and correct lifting must be provided to all paddlers and helpers. Two people per boat for carrying.</p> <p>When removing a kayak from the trailer, care should be taken as other boats may move or fall.</p> <p>Any unused boats should be placed away from the pool edge to allow unhindered access to the poolside.</p> <p>When returning boats to the trailer, care should be taken to ensure that kayaks are secure</p> <p>Assistance must be used when moving the trailer into or out of the car park</p> <p>Is risk adequately controlled: yes</p>	None
Dangerous/unsuitable/poorly fitting equipment leading to injury or entrapment	All paddlers, Students Coaches	<p>Coach¹/leader²/experienced paddlers³ to examine equipment prior to use to identify loose fittings, sharp edges, entrapment potential, poorly fitted buoyancy. If required, simple repairs must be effected if possible. If not, equipment must not be used and must be reported to a committee member or coach. Personal equipment should also be subject to the same checks when used for club activities.</p> <p>Is risk adequately controlled: yes</p>	Replace / repair equipment as necessary

¹ Coaches are current BCU / UKCC qualified coaches at level one or above that the head coach deems competent to run independent sessions under this risk assessment.

² Leaders are those paddlers with BCU 4* or 5* leadership awards.

³ Experienced paddlers are those deemed competent by the head coach to assist with coaching or taster sessions or to paddle in independent groups of at least 3 during sessions.

Inadequate supervision leading to accident or injury	All paddlers	<p>Navigators will operate at a coach: student ratio of no less than 1:8. The coach must be supported by at least one other experienced paddler.</p> <p>Coach performs a dynamic risk assessment to identify any requirement for additional support on the water or on the poolside.</p> <p>Numbers of paddlers on the water must be limited to ensure adequate supervision by the available coaches.</p>	Dynamic risk assessment should be undertaken by the coach in charge to identify supervision requirements.
Swimming potential injury to swimmers	Swimmers	<p>General swimming is not allowed whilst canoeing is taking place unless a section of the pool is roped off. Swimming may be allowed as part of a controlled warm-up activity at the start of a session but only if there are no boats on the water.</p> <p>Coaching from the water is allowed for rolling practice or other activities that require guiding of the paddle or boat. This should be undertaken in the shallow end of the pool by coaches or experienced paddlers.</p> <p>Swimming as part of a self-rescue, or when practicing rescue techniques is allowed provided it is supervised.</p> <p>Is risk adequately controlled: yes</p>	None
Minor injuries. (slips, trips, blisters, cuts, muscle/joint injury, collisions between boats)	All paddlers, Students Coaches	<p>All new paddlers should be given a location-specific safety brief and should be advised to complete an appropriate warm up activity.</p> <p>Coaches/leaders must be first aid trained.</p> <p>Pool rules regarding conduct in the pool area must be obeyed (for example no running on the poolside).</p> <p>Participants should provide details of existing medical conditions that may affect their ability to participate in paddlesport to the coach/leader.</p> <p>Overcrowding in the pool is controlled by the boat limit (10) set by Navigators. This limit must not be exceeded.</p> <p>Paddling dangerously, without due regard for others, will not be tolerated. Offenders will be asked to stop and may be instructed to leave the water.</p> <p>Is risk adequately controlled: yes</p>	None
Capsize and entrapment	All paddlers, Student, Coaches	<p>All new paddlers must be briefed on capsize drill for canoes/kayaks and demonstrate an effective drill as part of coached courses.</p> <p>All other paddlers should hold 1* or equivalent award and may be asked to demonstrate an effective capsize drill as part of an induction session at the club</p>	None

		Coach /experienced paddlers are capable of swimmer-boat rescues Is risk adequately controlled: yes	
Drowning	All paddlers, Students Coaches	At least one coach must be on the poolside at all times to oversee the activities on the water. See " Capsize and entrapment " above. Coaches / lifeguards must be first aid trained and able to administer CPR. All coaches/leaders/experienced paddlers must be aware of the Navigators Emergency Procedure process. Is risk adequately controlled: yes	None
Paddling Games	All paddlers, Students, Coaches	Coach provides a safety brief on the activity and monitors safety during the activity. Any games/activities that introduce hazards additional to those covered above must be risk assessed prior to the activity taking place. It is the responsibility of the coach in charge to provide this risk assessment. Is risk adequately controlled: yes	Additional risk assessment may be required if new hazards are identified.
Leisure Centre (non-paddling) emergencies e.g. Fire	All paddlers, Students, Coaches Parents Helpers	All participants must follow any instructions given by Centre Staff in a calm and controlled manner. Risk is controlled by Leisure Centre operating procedures. Is risk adequately controlled: yes	

Risk assessment review record

This risk assessment must be reviewed annually, if there is a significant change to the hazards identified or if there is an incident that requires its review and amendment.

Reviews should be recorded below:

Date	Reviewer (Print and Sign)	Comments (reason for review / amendments)	New risk assessment issued (Y/N)?
12/10/2021	E Scott	King James Swimming Pool	Y
21/02/23	E Scott	King James Swimming Pool	Y

